

Colorado Threads

Newsletter of The Colorado Quilting Council

October
2020

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Cindy Grisdela to Explore Improv Quilting

Cindy Grisdela, author of *Artful Improv: Explore Color Recipes, Building Blocks & Free-Motion Quilting* (C&T Publishing, 2016) will speak to Colorado Quilting Council on the "Anatomy of Improv" at 10 a.m. Saturday, October 24 via Zoom. She'll share tips and tricks about the process for working improvisationally from start to finish. She will answer questions like:

- How do you create an improv quilt without a pattern?
- Where do you start?
- How do you know when you're finished?

Cindy is an award-winning fiber artist with more than 30 years of experience creating eye-catching quilts. She specializes in improvisational designs and dense free-motion quilting.

Cindy describes her work on her website:

"My abstract art quilts are designed improvisationally without a preconceived pattern, a little bit like jazz music. Each decision about color and shape influences the next. Complex blocks repeat like beats of a melody, calmed by irregular plain areas that provide a resting place for the eye."

She draws inspiration for her contemporary wall quilts from the view of nature outside her studio window. Pebbles on the path or currents in water can become textures she stitches into her art. Color combinations in a



Cindy Grisdela

bird's feathers or hues of flowering plants can slip into her color palettes.

Color is the first step for Cindy who says she puts colors together intuitively.

"I like to use fabric the way a painter might use paint to create graphic compositions that engage the viewer from a distance, yet invite a closer look."

Texture comes next. She uses stitching lines to provide contrast and dimension as she seeks to integrate various elements into a cohesive whole.

"I do all of my stitching on a sewing machine, but it is entirely hand driven," she writes.

"There's no computer program or marking ahead of time. I stitch the motifs freehand using the needle and thread of the machine like a pencil or a brush."

Cindy comes from a long line of women who have expressed themselves using needle and

thread, although there were no quilters in her family.

"Creating with ... fabric and thread has been a part of my life since I was a child, and I am self-taught as a fiber artist, with lots of experimentation along the way," she says.

Cindy holds a bachelor's degree in fine arts from the College of William and Mary and a master's degree in business administration from George Washington University. She travels to show and sell her work at fine art and craft shows across the United States and teaches and speaks to guilds. Her work is in private collections across the country.

Her quilt designs have been published in numerous books and magazines, and she has appeared in three episodes of Quilting Arts TV — Nos. 2101, 2104 and 2213 — discussing Fearless Curved Piecing, Scrapy Improv Blocks, and Secrets of the Art Show Circuit. She is a member of Fiberworks, Studio 14 at the Torpedo Factory in Old Town Alexandria, Virginia.

Cindy will teach "Focus on the Improv Block" for CQC members from 9 a.m.-3:30 p.m. Sunday, October 25 via Zoom. See pages 4 and 5 of this newsletter for details and to register.

For information about Cindy and to see her work, visit her website and blog: www.cindy-grisdela.com.



Making Quilting Memories

By Laural Hoppes, Colorado Quilting Council President
quiltinglaural@comcast.net



Little House on the Prairie author Laura Ingalls Wilder and her sisters learned to quilt from their mother using scraps from their dresses. In her books, Laura recounts the many times their mother had the girls tear out and re-stitch seams for precision. Laura talks about three quilt patterns in her books: nine patch, bear paw and doves in the window.

Sewing was important to women on the prairie because most clothing and household items had to be handmade. Girls were taught to sew as soon as they could hold a needle, as young as three or four years old, and sewing brought in money for families. Quilts were used as bed covers, room dividers and window coverings to keep out drafts. We know from Laura's books that the Ingalls family lived in one-room cabins most of their lives. They used quilts to stay warm since they didn't have heaters.

We are fortunate to have heat in our homes yet we still enjoy passing the love and warmth of quilts to others. Like Laura Ingalls Wilder and her sisters, we too strive to get them right.

I found myself unstitching and re-stitching during our CQC Block-of-the-Month class that was offered via Zoom this summer. I love to learn new techniques. We learned four ways to make flying-geese units, and, more importantly, how to make sure each unit would turn out right before making all of them. That sometimes meant tearing out and re-stitching seams.

As 2020 began, I'd never attended anything via Zoom. Then the pandemic hit. Colorado Quilting Council has come a long way since March in this "new normal" situation. We've learned to continue to be in contact with our members and friends via Zoom, and we continue to learn new ways to use it. I found my



"Red at Night" Block-of-the-Month quilt by Laural Hoppes. Pattern design by Pat Syta of Bound to be Quilting.

router didn't connect well in my basement sewing area, so I got a booster to help direct the signal. Others have had to check with their service providers to request upgrades for speed.

I hope you have found what works for you, and it is making CQC's Zoom meetings a good experience. I hope to next see you at our October 24 meeting.

Taking workshops on Zoom, I've discovered I like learning this way a great deal. I love not having to pack my car with everything I can think of, and I don't have to lift it all out again. I love that if I don't have something, I can find it in my sewing room. If I mess up a block, I can turn around and recut it.

In the classes I've taken, we've shared our progress with each other. I especially love seeing everyone's colors. It's also fun hearing how others plan to change or adapt the patterns. The teachers are right there to answer my questions. I can hear others' questions and can store away the answers in my memory or write them on the pattern. During in-person classes, you

don't hear everyone's questions, so I believe that is a big plus.

Have you given the CQC workshops being offered via Zoom a try? I hope you will. I know you'll learn techniques to make your quilts closer to perfect.

As this issue of *Colorado Threads* headed to press, our first ever Virtual Quilt-a-Fair was just around the corner. We had 16 vendors on board to present virtual booths and/or virtual demos via Zoom; more than 30 vendors participating in the online shop hop; and 52 quilts entered in the online quilt show with the theme "Red, White and/or Blue Quilts" selected because it's a presidential election year. We will miss seeing you in person but are glad to find a way to support vendors who have been faithful supporters of Colorado Quilting Council during this time that is tough for them. By the time you read this, we hope you'll have enjoyed Quilt-a-Fair.

My UFO collection continues to shrink. I've quilted two row-by-row quilts, which I made larger by adding borders. I quilted a Ryan McKenna project, and it is hanging on a wall in my sewing room. I'm now quilting another wall hanging. (I did a bit of unstitching on this one to get it right.) I have another UFO — a table runner — cut and ready to sew. And I'm close to starting a larger quilt on my list.

In the middle of all this, I made some Halloween-themed face masks. On a trip to Park Meadows mall, my granddaughter fell in love with masks decorated with crystals and sequins. The price was \$19.95, and they only came in adult sizes, so I created a mask for her from candy corn-patterned fabric and put crystals on the candy corn. It made her smile.

These are a few of my safer-at-home quilting memories in the making. I hope you too are making quilting memories during this unusual time.

Competition Committee Encourages CQC Members to Enter State, County Fairs

As a member of CQC's Competition Committee, Ellen Palmer looks forward to what she likes to call "Quilt Season" each summer. It is the time when the committee is invited to judge quilts entered in county and state fairs. Of the 23 fairs they were scheduled to judge, most cancelled what are known as open-class competitions because of the COVID-19 virus. That included quilt competitions.

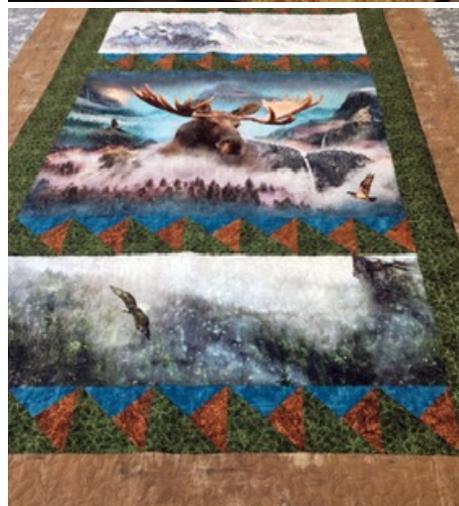
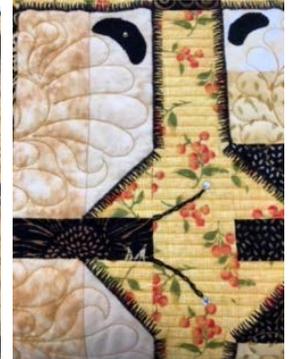
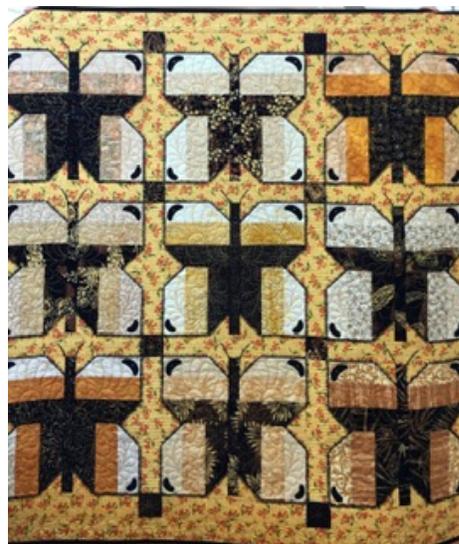
They were only able to judge at five county fairs and one state fair. The judging, usually open to the public, had to be closed this year as fairs observed social-distancing requirements.

The number of quilts entered in the fairs has been declining in recent years. That was true again this year. Ellen reflected on this, writing:

"I hope for better times and health for all of us next year, and I hope everyone is planning to enter quilts in competitive shows, such as the county and state fairs. These venues are the best places for beginners and experienced quilters alike to enter and receive constructive comments about their quilts. There is a place for any type and technique of quilt you are interested in entering."

Anyone who is interested in the committee is welcome to come to either or both its spring and fall meetings. The times, dates and locations will be announced in this newsletter when they are scheduled. Joining the committee is a great way to learn what quilt judges look for and what makes one quilt shine over another. You get to see the quilts up close and hear what the judges say about them.

The Wyoming State Fair was the last fair for CQC judges this season. A few of the quilts are shown here.



Photos by
Ellen Palmer

CQC Meeting and Workshop Schedule

Month	LOCATION	SPEAKER	LECTURE	WORKSHOP
October	Online meeting and workshop via Zoom.	Cindy Grisdela cindygrisdela.com	October 24 "Anatomy of Improv"	October 25 "Focus on the Improv Block"
November/ December	Online meeting and workshop via Zoom.	Diane Harris	December 5 "Jingle Bells"	December 6 "Baby Windmills"
January	Online meeting and workshop via Zoom.	Helen Frost	January 23 "Lone Stars: A Galaxy of Quilts"	January 24 "Lone Star Sparkler"

Register for CQC Workshops

Register at any time for Colorado Quilting Council workshops. These workshops are offered online via Zoom. Check the workshop or workshops for which you are registering below.

- "Focus on the Improv Block," Cindy Grisdela
9 a.m.-3:30 p.m. Sunday, October 25
- "Baby Windmills," Diane Harris \$40 for ½-day workshop
1-3:30 p.m. Sunday, October 26
- "Lone Star Sparkler," Helen Frost
1-4 p.m. Sundays, January 24 and 31, 2021

To register, check the workshop(s) you are registering for then mail this form and check payable to CQC to: Dana Jones, P.O. Box 189, Rollinsville, CO 80474. Workshops are \$55/workshop (\$40 for Baby Windmills) for CQC members. Non-members pay \$80 for the first workshop (\$65 for Baby Windmills) and \$55 for each additional workshop. Non-member fees include a \$25 one-year CQC membership. To pay by credit card, call Dana Jones, 720-346-3952. Email questions to Dana at danaellenjones@gmail.com or call 720-346-3952.

Refund policy: If written notification of cancellation is received 30 days in advance, a full refund minus a \$3 handling fee will be returned to you. If less than 30 days in advance, a refund, minus the \$3 handling fee, will be given only if the workshop space can be filled from the waiting list. If the workshop is canceled by CQC, you will be notified as soon as possible, and a full refund will be given.

Name
Street Address
City, State, Zip
Phone
Email Address
Workshop

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Help Us Stay in Touch with You

CQC general meetings since May have been presented via Zoom with attendance averaging more than 100 each month. The next general meeting will be at 10 a.m. Saturday, October 24 via Zoom. The November/December meeting will be at 10 a.m. Saturday, December 5, also via Zoom. Meetings will continue via Zoom into the first six months of 2021 with speakers on the fourth Saturday of the month, except in May when we will meet at 10 a.m. Saturday, May 16.

We are sending you eblasts twice a week on Tuesdays and Fridays. If you are not receiving these emails, contact Dana Jones at danaellenjones@gmail.com or 720-346-3952 to ensure we have your current email address. We only know if you aren't receiving our emails when you tell us. So please be in touch.

Cindy Grisdela to Speak and Teach for CQC in October

There are still a few spaces open in Cindy Grisdela's Sunday, October 25 workshop, "Focus on the Improv Block." Cindy, author of *Artful Improv: Explore Color Recipes, Building Blocks & Free-Motion Quilting* (C&T Publishing, 2016) will teach from 9 a.m.-3:30 p.m. via Zoom. Each participant in the workshop will make an improv block for the center of her or his composition, then add borders. Cindy will discuss her improv-block technique using scraps and various ways to set blocks into interesting designs with border options. She'll share her extensive knowledge and experience with color and design as she helps you make a unique creation that reflects your color and design sense.

To register, complete the form on page 4 of this newsletter or call Dana Jones to pay by credit card: 720-346-3952. Registrations for the openings will be accepted on a first-come, first-served basis and a waiting list will be created if needed.

For information, visit Cindy's website and blog at www.cindygrisdela.com.



Diane Harris to Present Trunk Show and Teach December 5-6

Diane Harris, a former editor with *Quiltmakers* magazine and widely published quilt designer, will share her "Jingle Bells" trunk show with CQC members at 10 a.m. Saturday, December 5. She'll share large and small, pieced and appliquéd, modern and traditional quilts designed for the winter holidays. This show is more than red and green quilts. There are color recipes of all sorts. Diane encourages you to attend to get your creative jingle on.

Diane will teach a 2.5-hour version of her popular "Baby Windmills" workshop from 1-3:30 p.m. Sunday, December 6 via Zoom. This is a fun, fast and easy project right on time for holiday gift giving. You'll reduce your stash as Diane leads you in some serious scrap play. She says she's been making this versatile block for years, continually discovering new ways to use the blocks. She'll share her examples then help you create a unique quilt. The class will be stress-free. Diane will share some bonus quilt techniques as time allows.

Helen Frost Will Sparkle in January Trunk Show and Workshop

Quilt world icon Helen Frost, who began quilting in 1972 and teaching two years later, says CQC members will have stars in their eyes as they enjoy her trunk show, "Lone Stars: A Galaxy of Quilts," at 10 a.m. Saturday, January 23, 2021, via Zoom. She'll present star quilts from the close to 40 years she's been designing and making them including some from *All-Star Quilts: 10 Strip Pieced Lone Star Sparklers* (C&T Publishing, 2010), a book she authored with her mother, Blanche Young. Variations include Touching Stars, Blazing Star, Broken Star, Double Star and more. And Helen will share stories from her years as a quiltmaker, author, teacher, and in her words, "magician."

Helen will teach her "Lone Star Sparkler" workshop from 1-4 p.m. two consecutive Sundays, January 24 and 31, 2021, via Zoom. You'll make a diamond dazzler using the strip-piecing technique developed by Helen and her mother, and you'll learn precision cutting, pinning, sewing and pressing plus painless set-in seams and perfected mitered borders.



Coming in Early 2021: Walking-Foot Workshop and Sashiko Block-of-the-Month Class

As CQC continues to meet the challenges of an international pandemic, we are trying new things. We are working with CQC member Angela Jones of Grand Junction to offer a multi-session workshop on walking-foot quilting. Coming off the success of our summer 2020 Block-of-the-Month class, we will offer a second BOM class starting in March. Crystal Wentz, owner of Meadow Lane Stitching in Loveland, is designing the sashiko wall hanging she will teach. It will introduce participants to a range of sashiko patterns and techniques. Watch for information on both of these opportunities in the November CQC newsletter.

CQC September Board Meeting Minutes.....Submitted by Recording Secretary Betty Andrews

President Laural Hoppes called the meeting to order at 6:01 p.m. via Zoom. Fourteen members were present: Laural Hoppes, Pat Cleaveland, Dana Jones, Betty Andrews, Mary Rush, Dawn Mills, Carol Cook, Kay Hefner, Sue Keck, Pat MacMillan, Jean Ruger, Glenda Brown, Barbara Lee and Betsy Stewart.

Recording Secretary Betty Andrews: Minutes of the August board meeting were accepted without corrections or additions.

Treasurer Mary Rush: The balances as of August 31, 2020, were general fund, \$5,686.01; raffle quilt, \$5,830.84; and Shirley Sanden Fund, \$3,929, for total operating funds of \$15,445.85, plus CD, \$10,945.44, and Quilt-a-Fair, \$16,303.02, for a total of \$42,694.31. Expenses incurred were from programs and the newsletter. Revenue was from raffle-ticket sales and programs, with workshops paying their way.

Mary answered Laural's questions on the uses of various funds. Raffle-quilt money must be used within a year and can be used for things that benefit the council's full membership, such as general-meeting speakers, general-meeting facilities and the newsletter. The raffle money can also be used to pay expenses of the raffle, such as ticket costs and the costs of making the raffle quilt. The Shirley Sanden Fund is restricted to use for education. About \$10,000 of the Quilt-a-Fair income is used to set up the following year's Quilt-a-Fair. The CD can be cashed in when it matures in March 2021.

1st Vice President for Membership Pat Cleaveland: There are 545 CQC members, including individuals and businesses. The timing of communicating new membership and printed newsletter rates that begin January 1, 2021, was discussed.

2nd Vice President for Programs Dana Jones: Teri Lucas' third class was delayed by a technology glitch. The class will be

rescheduled and expanded to include an extended question-and-answer session. Eighteen people are registered for the October workshop with Cindy Grisdela. Diane Harris will speak and teach in December. Her lecture is titled "Jingle Bells" and the workshop will be "Baby Windmills." January and February 2021 are set up and other contracts are to be finalized.

Interim Newsletter Editor/Designer Dana Jones: The September newsletter is available online. Eblasts are going out each Tuesday and Friday.

General Information

Officers and committee chairs are to submit revised guidelines and inventories of CQC supplies they hold to Laural immediately. Laural thanked those who have completed these tasks. The bylaws are completed, have been reviewed and will be posted on the website for general membership review.

Laural moved CQC send honoraria of \$200 each to Lea McComas and Ricky Tims to thank them for providing programs in the early days of COVID-19 in June and July 2020, respectively. Neither requested compensation. All present approved.

Laural announced Christine Brown has approached Colorado officials to name a Colorado Hang-a-Quilt Day.

Committee Reports

Glenda Brown, Documentation: Dawn Mills and Laural have moved all items from two to one storage unit. There are 50 boxes of documentation records. Working with the Quilt Index to get these documents online was discussed. The CQC budget cannot support this expense. Dana suggested we pursue a grant for the permanent protection and storage of these historical documents. Investigation into permissions required to store them on a system like the Quilt Index will be needed.

Dawn Mills, Quilt-a-Fair: 50 quilts will be in the Quilt-a-Fair Virtual Quilt Show. Dana is preparing the slide presentation for the website. Jamie Tabaka is working on the tech for the weekend, including postings on the website. Kay Hefner made a ribbon for the winner of the quilt show. There will be live online Virtual Booths and Virtual Demos. The shop hop will be on the website. Revenue so far is \$1,700.

Betty Andrews, Fall Retreat: Registration is underway. Packages will be assembled and distributed to those who have registered.

Kay Hefner, raffle-ticket sales: 414 tickets were sold in August. The winning ticket will be drawn in December in Aurora.

Betsy Stewart, Project Warm Hearts: Betsy has seven completed quilts and four out for binding. Peaks and Pines Quilt Guild in the Granby/Grand Lake area made 120 bowtie blocks for two quilts.

Carol Cook, library: Carol submitted a book report on *Artful Improv* by Cindy Grisdela for the October newsletter. There are 2,382 items in Library Thing. Carol received an obituary for member Emily Ann De Cillis and is choosing a book appropriate to memorialize her.

Jackie Anderson, Outreach Award: There is an article in the September newsletter concerning Outreach and Hall of Fame awards.

Corresponding Secretary Pat MacMillan: There has been very little mail. There were questions on who would should receive quilt appraisal forms. Appraisals of quilts in the CQC Quilt Collection go to Sue Keck, who puts them in the safety-deposit box. Dawn Mills said raffle-quilt appraisals should come to her to add to a notebook of these.

Laural Hoppes adjourned the meeting at 7:07 p.m.

For information on all things CQC, visit ColoradoQuiltingCouncil.com

Fall Retreat Goes Virtual, Raises Funds for CQC

Colorado Quilting Council's Fall Retreat is going virtual via Zoom October 9-11. Plan to participate in the entire weekend or select those events that most appeal to you. This is a fundraiser for CQC; registration fees will go to our statewide organization. Here's the line up:

• **6-8 p.m. Friday, October 9**

Welcome games and presentation: "The Quilts & Quiltmakers of Caohagan Island."

• **9 a.m.-Noon Saturday, October 10**

Workshop: Fabulous Freeform

• **2-5 p.m. Saturday, October 10**

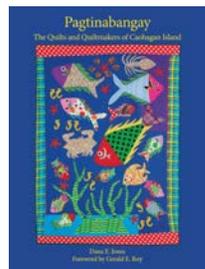
Workshop: Easy Inset Circles

• **6:30-8:30 p.m. Saturday October 10**

Project Warm Hearts Stitch Along

• **1-3 p.m. Sunday, October 11**

Show and Tell plus farewell games



"The Quilts and Quiltmakers of Caohagan Island"

Caohagan Island, a 13-acre island in the central Philippines, is home to about 600 people, more than 100 of whom are

quiltmakers. Sales of their one-of-a-kind handmade quilts provide one-third of the island's income. Their quilts have been exhibited at the National Quilt Museum in Paducah, Kentucky; Rocky Mountain Quilt Museum; and the San Jose Museum of Quilts and Textiles. Dana Jones, who spent six weeks on the island to research her book on the quiltmakers and their quilts, will share stories and images of these amazing artisans and their quilts.

When folks first see these quilts, they note how "happy" they are. This talk with question-and-answer time will leave you smiling.



Workshop:

Fabulous Freeform Table Runner

This improvisational pieced quilt, designed by Pam Rocco, is fun and quick to make. Each student's quilt will be a unique creation. You'll freehand rotary cut 1"-3" wide strips with gentle curves, no rulers. Then you'll stitch, no pinning.

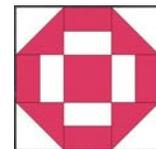


Workshop: Easy Inset Circles

In a few hours, you'll master inseting circles into blocks and circles. Using a technique and tool developed by Cheryl Phillips that requires just eight pins per circle, you'll inset circles with ease.

Warm Hearts Stitch Along

Though we can't physically gather, we can stitch along together via Zoom, chatting and learning from each other as we quilt for others. We'll be making Grecia Cross blocks. For each block you make during the stitch along, your name will be entered in the drawings for the charities that receive the quilts.



Directions for making the blocks are on page 13 of this newsletter.

Show and Tell Plus Farewell Games

Sunday afternoon will be a time to share quilts you've made any time. You can plan to hold them up or, for larger quilts, you can share photographs. And we'll play quilt-themed games.

Fall Retreat Registration	
Name	
Address	City/State/Zip
Phone	Email
Check all that apply:	
<input type="checkbox"/> Full Weekend	\$75
<input type="checkbox"/> 6-8 p.m. Friday: Games & Caohagan Island talk	\$20
<input type="checkbox"/> 9 a.m.-Noon Saturday: Fabulous Freeform workshop	\$30
<input type="checkbox"/> 2-5 p.m. Saturday: Easy Inset Circles workshop	\$30
<input type="checkbox"/> 6:30-8:30 p.m. Saturday: Warm Hearts Stitch Along, free with any paid registration	0
<input type="checkbox"/> 1-3 p.m. Sunday: Show & Tell plus games, free with any paid registration	0
TOTAL	\$ _____
Mail this registration form with check payable to CQC to: Betty Andrews, 8906 Homestead Avenue, Odessa, TX 79764.	
Questions to Betty Andrews, Betty.Andrews@Trimedx.com, 720-377-7887 or 720-662-4564.	
To pay by credit card, call Dana Jones, 720-346-3952.	



If you haven't yet liked CQC's Facebook page, why wait? Do it now!
<https://www.facebook.com/QuiltColorado/>

CQC News & Notes & Happenings

Still Time to Buy Raffle Tickets

Kay Hefner, coordinator of raffle-ticket sales, can make it easy for you to acquire more tickets. Send her a check for the number of tickets you want. The tickets are \$1 each or \$5 for six. Be sure to include your name, address, phone number and email address. Kay will put your name and phone number on the ticket stubs and add those tickets to the hopper for the December drawing. She will email you the ticket numbers. This way, you won't have to mail back ticket stubs.

This year's quilt, "Colorado Peaks and Valleys," was made by more than 15 CQC members. The pattern was designed by Pat Syta and Mimi Hollenbaugh of Bound to Be Quilting in Parker. They sell the pattern under the name "Runaway Block of the Month." It was quilted by Rita Meyerhoff.



If you have your original tickets, send your completed ticket stubs and \$15 to: Kay Hefner, 2308 S. Eldridge Street, Lakewood, CO 80288. To contact Kay, email khefner@comcast.net or call 303-986-4560. Let's make this a record year for raffle-ticket sales.

Updated CQC Bylaws

CQC Bylaws have been updated and posted on the CQC website: coloradoquilting-council.com. They will be voted on at the October 24 general meeting. Please review them before then.

Colorado Gives Day 2020

Mark your calendars now for Colorado Gives Day 2020, which will be Tuesday, December 8. Plan to make a donation that day to support CQC. Such gifts will be so appreciated this year.

Tips for Better Zooming

Consider the following toward enhancing your Zoom experience: Contact your wifi provider to see if you need to upgrade your speed, find out where the signal is strongest in your house, and purchase a booster if your router is distant from where you Zoom.



A Stitching Shop
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(303) 727-8500

(Monday - Saturday: 10 AM to 5 PM)

 www.StitchingShop.com
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12-2020

CQC 2020 Colorado Shop Hop

CQC's 2020 Colorado Shop Hop is in its final months. Plan now to turn in the forms you've had signed at Colorado quilt shops this year and receipts for purchases at Colorado shops. Plan to send them after October 24 and before November 30. Please remove credit-card information and anything else that is private on receipts. You will receive credit for one visit per shop. The person who visits the most shops will win a prize. If you shopped at Colorado shops during Quilt-a-Fair, those count if that shopping was your first at those shops this year. Mail your forms and receipts to: Laural Hoppes, Colorado Quilting Council, P.O. Box 295, Wheat Ridge, CO 80034-0295.

The Colorado Quilting Council, Inc. (CQC) is a statewide organization of people interested in preserving the heritage of quilting, promoting excellence in quilting and related arts, and in providing a source of information and inspiration. Membership dues are \$25/year with the newsletter online and \$35 with the newsletter mailed. Membership is for a 12-month year. Membership pins can be replaced for \$25. The guest fee at general meetings is \$10.

Colorado Threads, the official publication of CQC, is published and mailed 11 times a year. The council reserves the right to select articles and advertising that reflect the purposes of the council. Articles, photos and advertisements need to be submitted to the editor at cqeditor@gmail.com

by the 15th of the preceding month. Advertising in the newsletter is only available to members of CQC. The Business Directory is \$60/year. Monthly ad prices are: Full page \$100, half page (horizontal) \$50, quarter page (vertical) \$35, and one-eighth page (horizontal) \$25. Request ads from and send fees to Pat Cleaveland/Advertising, Colorado Quilting Council, P.O. Box 295, Wheat Ridge, CO 80034-0295. Email copy and photos to the newsletter editor at cqeditor@gmail.com.

Send address changes to: Membership Chair, Colorado Quilting Council, Inc., P.O. Box 295, Wheat Ridge, CO 80034-0295. For information on CQC: www.coloradoquiltingcouncil.com.

2021 CQC Membership Q&A: Answers to Your Most Asked Questions

As described in the September CQC newsletter, dues for anniversary dates January 1, 2021, or later will increase by \$5 per year, and the cost of mailed newsletters will go up \$5 per year. This means the basic membership will be \$30 per year and basic membership with mailed newsletters will be \$45 per year. Here are answers to the most frequently asked membership questions:

- How will I know my anniversary date? You will receive an email reminder about a month before your due date. For members who have been continuous members for more than two years, that date is January 1.
- What if I don't get an email reminder? Contact Pat Cleaveland at patcleaveland@msn.com or 303-642-3338. If you received a 2020 roster before we stopped in-person meetings, the anniversary date is under your name in the member listing.
- Can I pay my 2021 dues now to beat the increase? No. The increase is in effect now for anniversary renewal dates after January 1, 2021, regardless of when payment is made. The membership form with the new dues rates will be on the website soon and will be printed in the November/December newsletter.
- Will my anniversary date change if I pay my dues later than my anniversary date? Your anniversary date changes only if the break in membership is more than 12 months. If you have a 12-month or longer break, a new anniversary date 12 months after you renew will be assigned.
- Why did both the annual dues and the cost for mailed newsletters go up? When we analyzed the budget concerns created by no in-person Quilt-a-Fair in 2020, the biggest cost after programs was printing and mailing newsletters. It costs about \$25 per year/person to print and mail the newsletter. Many quilt guilds have gone to online newsletters only but we've heard loud and clear that many CQC members value and need the mailed newsletter. The increased fees are meant to share these costs.
- Other questions? Call or email Pat Cleaveland: 303-642-3338; patcleaveland@msn.com.

A Quilter's Choice — APQS West



APQS Machine Sales, Machine Rental and Education Center

GLIDE THREAD OF THE MONTH CLUB

Several options
check out details:

See URL BELOW



- ◆ APQS Longarm **Machine Sales and Service**
- ◆ Longarm **Machine Rentals** (optional with Quilt Path)
- ◆ Affordable **Quilting for Hire** — Modern or Traditional
- ◆ **Private Classes and Group Classes** (check out our website for current class schedule)
- ◆ **Supplies:** Thread, Batting, **Wide Backing Material**, longarm supplies, quilting DVDs and more...

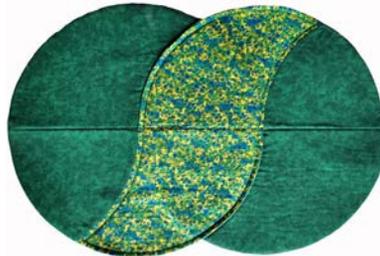
8698 Aberdeen Circle
Highlands Ranch, CO 80130
Tuesday—Friday 10—5 PM
Other times available please call
720-214-3442 www.aquilterschoice.com

PENNY AND A HALF PER INCH
Simple Edge-to-Edge
Now through July

Virtual Show and Tell



Above, "Knight Chasing Dragon" by Ginger Hildred. Ginger made the quilt using embroideries from a shirt her husband's sister, Linda Hildred, made for him in the 1970s. At right, "a-MAIZE-ing Harvest," designed and made by Kathy Gaul of Meetinghouse Hill Designs.



Braided Twist Workshop

Cheryl Phillips of Phillips Fiber Arts, based in Grand Junction, taught CQC members to make "Braided Twist" table runners and placemats in a two-part Zoom class in August. Using the Braided Twist tool designed by Cheryl, class members watched the magic of this design come together.

At left from left, "Braided Twist" table runners by Carol Cook, Kay Lee and Marian Tinklenberg. Above left, a second table runner by Marian Tinklenberg. Above right, a placemat by Mara Shapiro.

24 CQC Members Join Block of the Month Class

Pat Syta of Bound to Be Quilting led 24 CQC members in making her “Red at Night” quilt during the first ever CQC block-of-the-month class over seven weeks during the summer. Pat taught multiple ways to piece such units as flying geese and spiky points as class participants crafted the 13 intricate blocks and Seminole-influenced borders in their choices of fabrics and colors.

The class was CQC’s first attempt at offering workshops and classes via Zoom. Class members said they enjoyed working in their own sewing spaces where supplies were close at hand, and they were glad they didn’t have to schlepp machines. Many were surprised at the sense of community that developed despite the distanced learning.

Pat was great to work with as she did her first teaching via Zoom jumping in with both feet as she learned to share slides and live demonstrations via webcam. CQC will continue to offer workshops via Zoom until it is safe to gather in person and perhaps even beyond to maximize statewide reach.

See page 2 to see a fourth “Red at Night” quilt by CQC President Laural Hoppes.



“Red at Night” by Julie Feuerborn. Julie used the border print to set her color palette.



“Red at Night” quilt top by Karen Downs.



“Red at Night” by Pat Cleaveland.

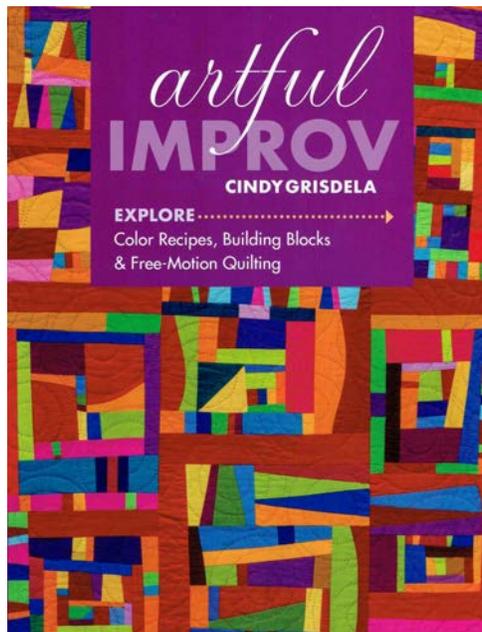
Book Review

Artful Improv by Cindy Grisdela Inspires Creativity.....Review by Carol Cook

Cindy Grisdela's book *Artful Improv: Explore Color Recipes, Building Blocks & Free-Motion Quilting* (C&T Publications, 2016) encourages quilters to explore the creativity of improvisational quilts. Although there are no specific projects in the book, there is plenty of information provided for quilters to create unique art quilts. As Cindy writes in the introduction, "One of the secrets to being creative is giving yourself permission to play."

Artful Improv explores the use of the color wheel and traditional color schemes and how each influences the final product. Cindy gives advice on understanding and expanding color preference to create "color recipes" ranging from dynamic and exciting to calm and soothing. She describes the elements and principles of design, sharing examples of each from her quilts. The elements of design include line, shape, color and texture. The principles of design include balance, focus, repetition, variety and unity. There's advice on how to use these.

Cindy explains two methods for creating a design wall, which is essential for the improvisational-quilting process. She walks readers through how one of her quilt designs evolved during the design process. She encourages quilters not to rush the process but to allow the time needed for their designs to evolve and reveal themselves. "Improvisation is by its nature unpredictable," she says. "Go with the flow and enjoy the process."



Artful Improv by Cindy Grisdela

Five building blocks, or techniques, for creating improvisational quilts are provided in detail. These include angled stripes, improv circles, improv blocks, curved strips and inset strips. Cindy uses examples from her quilts to illustrate each of these. Negative space — open areas around the forms or subjects in a composition — is an important element that brings balance and unity to the design. It also adds a modern, minimalist look.

Artful Improv includes a gallery of Cindy's students' projects and describes the design principles used in each. Careful study of these provides insight and inspi-

ration for quilters into discovering their preferences.

Does "quilt as desired" create anxiety for you? Cindy provides insight into how the texture created by the stitching can be just as important as color and shape. She discusses how she overcame her fear of machine quilting and provides examples of her favorite free-motion quilting patterns and tips on when to use them.

Many improvisational quilts do not lend themselves to being finished with traditional bindings. Other finishing methods, such as facings, irregular edges, framing and mounting on canvas, are provided.

This book is an excellent resource to help quilters tap into their creativity and move to the next level of their creative journeys. Readers learn to use simple design principles, to let go of rigid rules and to work spontaneously.

Note: We now have 2,382 items in the CQC library and an online search tool so members can find books and videos of interest. Click on the pink "CQC Library" button on the CQC website home page to search the library.

Contact Carol Cook to check out library items: cqclibrary@gmail.com. She will coordinate the possibility of curbside pickup or delivery in the South Denver Metro to Pueblo areas. Otherwise, it's possible to mail items if you are willing to reimburse the postage, usually under \$5.

Quilting for Others: CQC's Project Warm Hearts

Colorado Quilting Council's Project Warm Hearts involves members in charitable work, assists organizations in their fundraising activities and lets quilters do more for others by helping a charity of their choice. Here's how to participate:

- Make one or more quilt blocks following the directions provided on page 13.
- Fill out the form on page 13, including information on the charity of your choice. Complete a form for each block made.
- For each block you submit with a completed form, your name will be entered into a drawing to choose which of the nominated charities will receive Project Warm Hearts quilts.
- Mail completed blocks to: CQC Warm Hearts, 6215 South Macon Way, Englewood, CO 80111.

For information and if you want to piece a top or quilt or bind a quilt, contact Betsy Stewart at cqcwarmhearts@gmail.com. or call 303-726-4676.

Grecia Cross Current Project Warm Hearts Block

Block Directions

This block finishes at 9" x 9" in the quilt. That means the block you submit should be 9½" x 9½". Make the background from cream or off-white fabric and the colorful portion of the block from a print or colored fabric that is the same within each block. A variety of print or colored fabrics may be used when making multiple blocks.

Cutting

Cream fabric:

- Cut two 3⅞" x 3⅞" squares*
- Cut four 2" x 3½" rectangles

Print/colored fabric:

- Cut two 3⅞" x 3⅞" squares*
- Cut four 2" x 3½" rectangles
- Cut one 3½" x 3½" square

*If you want to make oversized half-square triangles (HST), cut 4" squares. Make the HSTs as directed in Steps 1-5 then trim them to 3½" squares.



Assembly

Step 1: Draw a diagonal line on the wrong side of each cream 3⅞" square.

Step 2: Align the edges of a cream 3⅞" square and a print 3⅞" square right sides together.

Step 3: Stitch ¼" from the drawn diagonal line on both sides of the line.

Step 4: Cut on the drawn line. This will yield two HSTs. Repeat with the other set of 3⅞" squares.



Step 5: Press the four HSTs open, pressing toward the print fabric.



Step 6: Align the edges of a cream 2" x 3½" rectangle and a print 2" x 3½" rectangle right sides together.

Step 7: Stitch the rectangles together on one long side.

Step 8: Press the rectangles open, pressing toward the print fabric. Repeat to make four rectangle units.



Step 9: Sew a rectangle unit to each side of the print 3½" x 3½" square. The cream side of the rectangle unit should be next to the 3½" x 3½" square. Press toward the 3½" x 3½" square. This is the center row of the block.



Step 10: Sew a HST to each side of one of the remaining two rectangle units, placing the colored portion of the HST next to the rectangle unit. Press toward the HSTs. Repeat with the remaining rectangle unit and the two remaining HSTs. These will be the top and bottom rows of the block.



Step 11: Sew the top row of the block to the center row. The cream portion of the rectangle unit should be facing into the block next to the center square of the center row.

Step 12: Sew the bottom row of the block to the center row. The cream portion of the block should be facing into the block next to the center square of the center row.

The block is complete. It should measure 9½" x 9½".

If you'd like to piece your blocks into a quilt top, the size for Project Warm Hearts quilts is about 40" x 50".

Project Warm Hearts: Submit 1 form/block	
Name	
Phone	Cell Phone
Email Address	
Street Address	City, State, Zip
Charity	Charity Contact

CQC's Financial Health

Bank Balance as of August 31, 2020

1st Bank Checking	\$	5,686.01
1st Bank Raffle Account		5,830.84
1st Bank Shirley Sanden Restricted Fund		3,929.00
<hr/>		
Total Operations Funds	\$	15,445.85
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1st Bank Savings CD (maturity 3-23-2020)	\$	10,945.44
<hr/>		
1st Bank Quilt-a-Fair	\$	16,303.02
<hr/>		
Total Funds Available	\$	\$42,694.31

Profit and Loss for August 2020

Ordinary Income/Expense Income

Income		
4000 Interest Income	\$.17
4001 Membership Dues		525.00
4001.1 Newsletter: Mailing Fee		50.00
4001.2 Newsletter: Advertising Directory		140.00
4001.3 Newsletter: Ads		35.00
4002 Workshop Revenue		1,210.00
4009 Raffle Ticket Sales		
4009.1 CQC Raffle		1,187.00
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Total 4009 Raffle Ticket Sales		1,187.00
4049 Cash Donations		382.00
4049.1 Donations from Colorado Gives		19.83
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Total Income	\$	3,549.00
Gross Profit	\$	3,549.00
Expense		
5003 Bank Charge	\$	2.00
5003.1 Charge Card Fees		22.67
5013 Facilities/Equipment		(125.00)
5018 Postage		125.46
5022 Speaker/Teacher Fees		920.00
<hr/>		
Total Expense	\$	945.13
Net Ordinary Income	\$	2,603.87
Net Income	\$	2,603.87

CQC Seeks Communications Coordinator

Colorado Quilting Council is seeking a Communications Coordinator to edit and design its monthly newsletter (11 issues/year), send twice weekly eblasts, and maintain the council's website. The website, eblasts and monthly issues of *Colorado Threads* announce and cover the activities of the council, including general meetings, board meetings, workshops, committee work and special events. Applicants should have editing experience and basic graphic-design skills, including experience with software to keep the website current, to maintain an email list for the eblasts, and to create the newsletter and send it to the printer. The Communications Coordinator will have the opportunity to work with quilters throughout the state, and state and national leaders in the quilt world. Experience doing communication for other non-profit, volunteer organizations is a plus. This part-time contract position pays \$6,000 a year. To apply, email CQC President Laural Hoppes at quiltinglaural@comcast.net.

Colorado Quilting Council was created in 1978. Its mission statement reads: "Colorado Quilting Council is a statewide organization of people interested in preserving the heritage of quilting, promoting excellence in quilting and related arts, and in providing a source of information and inspiration."

Emily Ann De Cillis Remembered

CQC has learned member Emily Ann De Cillis died June 22. A CQC library book has been dedicated in her memory. Emily was born August 8, 1926, in Cranford, New Jersey, to Emilie and Joseph Nedobity, who immigrated to the United States from Czechoslovakia in the early 1900s. Emily spoke only Czech until she began school.

She lived in Cranford until 2002 when she moved to Niwot to be close to her granddaughters. An avid quilter, she joined Interfaith Quilters, Quilt-A-Holics, the Longmont Quilting Guild and CQC. An active member of the Niwot Grange, she coordinated quilt shows for Niwot's annual Nostalgia Days.

Emily's friends enjoyed her sense of humor. One of her favorite sayings was, "You never know what the day will bring." She was known to mix a mean Manhattan. Not one to sit still, she kept busy, not only quilting but also doing jigsaw puzzles.

Two Featherweight Machines for Sale

Two Singer Featherweight sewing machines, made between 1938 and 1941, are for sale by the estate of a recently deceased



CQC member. These machines were well cared for by the owner, including having them regularly serviced. After each project, she cleaned and oiled them. Both have the original cases and attachments. For information, contact Lucille Rypinski, 303-457-2006 or cckquilting@comcast.net for information and pricing.

Business Directory

The following businesses are members of Colorado Quilting Council. You are encouraged to visit as many of them as you can and thank them for being part of our statewide organization. Most shop hours are pre-COVID-19. Call shops for current hours.

Alamosa

Alamosa Quilt Company

710 Del Sol Drive, Alamosa, CO 81101
719-937-2555

10 a.m.-5 p.m. Monday-Friday
10 a.m.-3 p.m. Saturday

Web: alamosaquiltcompany.com

This shop specializes in modern fabrics and has cottons, flannels, wools and velvets plus Sue Spargo books, Aurafil thread, Bernina supplies and notions.

Arvada

Arvada Quilting Company

7485 W. 83rd Ave., Arvada, CO 80003
303-420-1018

Hours by appointment

Email: arvadaquiltingco@aol.com

Contact: Joanne Holzer

Joanne does computerized long-arm quilting. Her edge-to-edge pricing is based on square inches and repeat-pattern size. Mailing service is offered.

Boulder

Elfriede's Fine Fabrics

2425 Canyon Blvd., Boulder, CO 80302
303-447-0132

10 a.m.-6 p.m. Monday-Saturday

Web: elfriedesfinefabrics.com

Elfriede's offers top-quality quilting and garment fabrics including Liberty of London cotton lawns, Indonesian cotton and rayon batiks, and a large selection of Asian prints.

eQuilter

6201 Spine Road, Boulder, CO 80301
303-527-0856

Web: eQuilter.com

Contact: Luana Rubin

This online shop offers 20,000 quilt fabrics and products in stock with 1,000 new products added to inventory each month. 2 percent of sales are given to charity. Save on shipping by picking up orders at the Boulder warehouse.

Breckenridge

JK Studio

100 S. Main Street, Breckenridge, CO 80424
717-855-0561

Email: jkstudio@jkstudiollc.com

Web: jkstudiollc.com

JK Studio sells handmade items including quilted wall hangings, fabric pictures, fabric pins, embellished fleece vests and sweatshirts, paperweights, coasters, and more. Sorry, no quilting supplies.

Brighton

On Pins & Needles

39 N. Main Street, Brighton, CO 80601
770-667-4086

Email: annav@onpinsandneedles.com

Web: onpinsandneedles.com

Contact: Anna Verbeek

Broomfield

The Quilt Store

12710 Lowell Blvd., Broomfield, CO 80020
303-465-0750

10 a.m.-6 p.m. Monday-Saturday

10 a.m.-3 p.m. Sunday

Web: thequiltstore.net

This one-stop shop offers classes, supplies, books, patterns, kits and gifts.

Buena Vista

Bev's Stitchery

202 Tabor Street, P.O. Box 1773
Buena Vista, CO 81211

719-395-8780

9:30 a.m.-5 p.m. Monday-Friday

9:30 a.m.-3 p.m. Saturday

Contact: Bev Zabloudil

Bev's sells fabric, notions, and needlework and quilting supplies, and offers classes.

BV Riverside Lodge B&B

30000 CR 371, Buena Vista, CO 81211
719-395-3444

Web: BuenaVistaRiversideLodge.com

This quilting and knitting retreat center on the Arkansas River is southwest of Denver and Colorado Springs. Lodging and meals provided. Form your own group or join a group.

Canon City

Cedar Ridge Quilting

Canon City, Colorado
719-289-4928

Email: cyndi@cedarridgequilting.com

Web: cedarridgequilting.com

Contact: Cyndi McChesney

Cyndi McChesney, NQA certified instructor, offers trunk shows, lectures and workshops, and long-arm quilting services.

Canon City

First Stitches Canon City

212 S. 4th Street, Canon City, CO 81212
719-285-8088

10 a.m.-5 p.m. Monday-Friday

10 a.m.-4 p.m. Saturday

Email: kim@firststitches.com

Web: firststitches.com

Contact: Kimberly Smith

This Janome, Baby Lock, Brother and AccuQuilt GO! dealer carries fabric, notions and machine-embroidery supplies, and offers classes.

Castle Rock

Sew-Ciety

1025 S. Perry Street, Suite 101
Castle Rock, CO 80104

720-733-8102

10 a.m.-6 p.m. Monday-Friday

10 a.m.-5 p.m. Saturday

Email: sew-ciety@sew-ciety.com

Web: sew-ciety.com

Centennial

Holly's Quilt Cabin

8210 S. Holly Street, Centennial, CO 80122
720-529-9659

9:30 a.m.-5 p.m. Monday-Saturday

Noon-4 p.m. Sunday

Email: info@thequiltcabin.com

Web: thequiltcabin.com

Holly's has more than 7,000 bolts of fabric by a variety of designers. The shop is home to Mountainpeak Creations pattern company.

Colorado Springs

Bobbie Aug

P.O. Box 9654
Colorado Springs, CO 80932-0654

719-632-3767

FAX: 719-632-9210

Email: qwltpro@msn.com

Teacher and lecturer Bobbie Aug offers programs, classes and workshops.

High Country Quilts

4727 N. Academy Blvd.
Colorado Springs, CO 80918

719-598-1312

9:30 a.m.-6 p.m. Monday-Saturday

Email: hc@hcquilts.com

Web: hcquilts.com

Owners: Karen Rellaford and Jean Wilt

This shop sells quilting supplies, fabric, Bernina sewing machines and APQS long-arm quilting machines, and offers classes.

Continued on page 16

Colorado Springs

Ladybug Hill Quilts

929 Fillmore St., Colorado Springs, CO 80907
719-593-5949

10 a.m.-5:30 p.m. Monday-Thursday

10 a.m.-5 p.m. Friday

9:30 a.m.-5 p.m. Saturday

Web: ladybughillquilts.com

Contact: Sydney Risley

This authorized dealer of Janome sewing machines sells fabric, kits, patterns and books, and offers classes and long-arm rentals.

Meetinghouse Hill Designs

9518 Penstemon Court

Colorado Springs, CO 80920

719-282-3518

Email:

kathy@meetinghousehilldesigns.com

Contact: Kathy Gaul

Ruth's Stitchery

4440 Austin Bluffs Parkway

Colorado Springs, CO 80918

719-591-1717 or 1-888-591-8803

9 a.m.-5 p.m. Monday-Saturday

Noon-5 p.m. Sunday

Email: rstitchery@pcsys.net

Web: ruthsstitchery.com

Contact: Catherine Culp and Beth Spillane

Ruth's Stitchery, an authorized Viking dealer, sells fabric, cross-stitch and machine-embroidery supplies.

Craig

Quilter's Quest

335 E. Victory Way, Craig, CO 81625

970-826-0111

10:30 a.m.-5:30 p.m. Tuesday-Friday

11 a.m.-4 p.m. Saturday

Call for summer hours.

Owner: Brenda Rummel

This shop offers top-quality cottons with the most affordable prices in northwest Colorado.

Denver

A Stitching Shop (aka Brazilian Embroidery)

4444 Morrison Road, Denver, CO 80219

303-727-8500

10 a.m.-5 p.m. Monday-Saturday

Web: StitchingShop.com

Christine Hause teaches beginning to advanced classes and workshops in stitchery from canvas to cross-stitch to quilt embellishment with silk ribbon and thread. She also lectures. Phone and mail orders are taken.

Durango

Durango Quilt Company

450 S. Camino del Rio, Suite #102

Durango, CO 81301

970-247-2582; FAX: 970-375-0259

10 a.m.-5 p.m. Monday-Saturday

Email: durangoquilts@qwestoffice.net

Facebook: Durango Quilt Company

Owners: Judy Danielson and Margien Gram

This shop sells fabric, including flannels and batiks, books, kits and notions, and offers classes.

Englewood

Infinity Logo Solutions

13303 E. Adam Aircraft Circle, Unit #38

Englewood, CO 80112

303-885-2530

Email: sales@infinitylogosolutions.com

Contact: John Hanson

Wooden Spools

2805 S. Broadway, Englewood, CO 80113

303-761-9231

10 a.m.-6 p.m. Monday-Saturday

Noon-4 p.m. Sunday

Web: woodenspools.com

Contact: Vicki Skigen

Wooden Spools features new and revived quality cotton fabric and a large selection of yarn.

Erie

A Quilter's Corner

71 Erie Parkway, #104, Erie, CO 80516

720-328-8181

10 a.m.-5:30 p.m. Monday-Saturday

11 a.m.-4 p.m. Sunday

Web: aquilterscorner.com

Owner: Marci Schnabel

This shop has more than 5,000 bolts of fabric from classic to modern and quilting accessories, thread, kits, patterns and decorative signs.

Colorado Creations Quilting

849 Pope Drive, Erie, CO 80516

Email:

info@coloradocreationsquilting.com

Web: coloradocreationsquilting.com

Contact: Jackie Vujcich

Jackie lectures and teaches quilt classes and workshops. Her online shop features nature-themed cotton and batik fabrics, pictorial and patchwork patterns, and kits and gift items.

Cotton Sandwich Quilt Shop, LLC

170 Cessna Drive, Erie, CO 80516-8112

303-993-4061 or 720-890-8523

Hours by appointment

Web: cottonsandwichquiltshop.com

This shop carries fabric, fat-quarter bundles, novelty fabrics, quilt kits and patterns, Aunt Martha's iron-on patterns, flour-sack towels, and notions.

Estes Park

A Picture Perfect Place

540 Laurel Lane, Unit #1D

Estes Park, CO 80517

970-284-6603

Contact: Amy

This quilt retreat center supplies irons and ironing boards, a design wall, sleeping space for up to 12 people, three baths, comfy chairs, good lighting, a full kitchen, dining area and fireplace, all with a view of Longs Peak.

Cottage Bliss

870 Moraine Ave., Estes Park, CO 80517

970-577-1557

10 a.m.-5 p.m. Monday-Saturday

Web: cottageblissestes.com

Fabrics offered by this shop are neo-vintage, bohemian, romantic, lodge and batiks. Quilt kits, notions, books and patterns plus gifts and home decor are also available.

Fort Collins

Fig Leaf

2834 S. College Ave., Fort Collins, CO 80525

970-495-1766

10 a.m.-6 p.m. Monday-Saturday

Noon-5 p.m. Sunday

Web: thefigleafquilting.com

Contact: Laura Shotwell

Fig Leaf offers classes, fabric, notions, country furnishings and accessories.

The Presser Foot

1833 Harmony Road, Fort Collins, CO 80525

970-484-1094

10 a.m.-5 p.m. Monday-Wednesday and

Friday-Saturday

10 a.m.-6 p.m. Thursday

Email: sewbernina@thepresserfoot.com

Web: thepresserfoot.com

The Presser Foot sells Bernina sewing machines and accessories and services all brands of machines. The shop offers speciality classes and carries a variety of thread.

Fort Morgan

Inspirations Quilt Shop

19562 County Road R. 7 (marked as 8th Avenue)

Fort Morgan, CO 80701

970-542-0810

9 a.m.-5:30 p.m. Monday-Saturday

Web: inspirationsquiltshop.com

Fabric, quilters' needs, gift items and classes are available at this shop.

Continued on page 17

Golden

Golden Quilt Company

1108 Washington Ave., Golden, CO 80401

303-277-0717

10 a.m.-5:30 p.m. Monday-Saturday

Noon-4 p.m. Sunday

Email: info@goldenquiltcompany.com

Web: goldenquiltcompany.com

Owner: Nancy Swanton

This shop specializes in Kaffe Fassett, batik, bright, and black-and-white fabrics and carries notions, gifts, kits and finished quilts. It offers classes and machine-quilting services.

Rocky Mountain Quilt Museum

200 Violet Street, Unit 140, Golden, CO 80401

303-277-0377

10 a.m.-4 p.m. Monday-Saturday

Web: rmqm.org

The museum's exhibits change quarterly. The gift shop carries quilts, quilt-related items, fabric, books and notions.

Granby

Fabric Nook

387 E. Agate, P.O. Box 694, Granby, CO 80446

970-887-2005

10 a.m.-5 p.m. Monday-Friday

10 a.m.-4 p.m. Saturday

Web: tinastfabricnook.com

Contact: Tina Holley

Fabric, patterns, notions, quilting supplies, books and classes are offered at this shop.

Grand Junction

Hi Fashion Sewing & Quilt Shop

2584 Patterson Road, Unit B

Grand Junction, CO 81505

970-256-1293

9:30 a.m.-5:30 p.m. Monday-Friday

9:30 a.m.-2 p.m. Saturday

Web: hifashiongi.com

Hi Fashion sells Bernina, Baby Lock and Janome sewing machines and services all brands. The shop sells cotton fabric and notions, and offers classes.

Owl's Nest

527 Bogart Lane, Grand Junction, CO 81505

970-241-5700

Email: info@owlsnestquilters.com

Web: owlsnestquilters.com

Contact: Carol Schneider

Greenwood Village

The Quilted Cricket

5125 S. Clarkson St., Greenwood Village, CO 80121

303-667-8846. Call for an appointment.

Email: Crystal@Zagnoli.com

Web: thequiltedcricket.com

Contact: Crystal Zagnoli

The Quilted Cricket studio houses three 26" Innova long-arm machines. This business provides reasonably priced edge-to-edge and custom quilting services. No intake fees. No minimums.

Highlands Ranch

A Quilter's Choice - APQS West

8698 Aberdeen Circle, Highlands Ranch, CO 80130

435-229-2703

Hours by appointment; call ahead.

Email: aquilterschoice@gmail.com

Web: aquilterschoice.com

Contact: Myrna Ficken

Quilt artist Myrna Ficken provides APQS machine sales and rentals, machine service, long-arm and piecing classes, long-arm supplies, and quilting service.

Holyoke

Creative Traditions, LLC

115 S. Interocean Ave., Holyoke, CO 80734

970-854-3699

10 a.m.-6 p.m. Monday-Friday

10 a.m.-3 p.m. Saturday

Web: creative-traditions.com

Owner: Julie Haake

This shop sells quilting cottons, flannels and batiks plus patterns, quilting supplies, notions, kits, gifts, finished quilts and yarn, and offers classes.

Idaho Springs

Dancing Sky Quilting

201 Fall River Road, Idaho Springs, CO 80452

303-895-6066

Email: kkfellbaum@gmail.com

Contact: Kathryn Koch-Fellbaum

Kathryn provides hand-guided long-arm edge-to-edge and custom quilting with quick turnaround. Mail orders are accepted, and Kathryn will arrange pickup and drop off.

Lafayette

Studio Bernina

2850 Arapahoe Road, Suite 100

Lafayette, CO 80026

303-447-0852

10 a.m.-5 p.m. Monday, Friday and Saturday

10 a.m.-6 p.m. Tuesday-Thursday

Web: studiobernina.com

Contact: Vanessa

This shop carries a full line of Bernina sewing machines and sponsors a professional sewing school. Same-day service is available by appointment.

Littleton

Designs by Deb

5624 S. Datura Street, Littleton, CO 80120

303-794-3626

Call for appointment.

Email: designsbydeb.co@gmail.com

Web: debrageissler.com

Contact: Deb Geissler

Deb offers computerized long-arm quilting with quick turnaround for edge-to-edge at affordable prices.

Littleton

The Creative Needle

6905 S. Broadway, #113, Littleton, CO 80122

303-794-7312

10 a.m.-2 p.m. Monday-Saturday

Email: needle@thecreativeneedle.com

Web: thecreativeneedle.com

Contact: Marge Serck

The Creative Needle offers classes, fabric, quilting and cross-stitch supplies, thread, kits, heirloom fabrics and lace, smocking plates and pleaters, and custom quilting. The shop provides authorized sales and service for Elna, Janome, Necchi and Juki sewing machines.

Longmont

AQS Certified Quilt Appraiser

Jeananne Wright

1152 E. 4th Ave., Longmont, CO 80504

303-772-7684

Email: oldquilts@comcast.net

Jeananne offers quilt appraisals and "Have Quilts, Will Travel" lectures and programs.

Maggie's Sewing & Vacuum

1450 N. Main Street, Unit B

Longmont, CO 80501

303-651-7752

9:30 a.m.-5 p.m. Tuesday-Friday

10 a.m.-3 p.m. Saturday

Email: maggies.sewvac@gmail.com

Maggie's sells Baby Lock sewing machines and sergers, table and long-arm machines; services all machine makes; and sells embroidery designs, software, notions and thread.

The Presser Foot

2430 N. Main Street, Longmont, CO 80501

303-485-6681

10 a.m.-5 p.m. Monday-Wednesday, Friday and

Saturday; 10 a.m.-6 p.m. Thursday

Email: bernina@thepresserfoot.com

Web: thepresserfoot.com

The Presser Foot sells Bernina sewing machines and accessories and services all brands of machines. The shop offers speciality classes and carries a variety of thread.

Loveland

Quilter's Dream

281 E. 29th Street, Suite G, Loveland, CO 80539

970-461-8373

Email: quiltsaplenty@hotmail.com

Web: LovelandsQuiltersDream.com

Contact: Jackie Galbraith

.....Continued on page 18

Loveland

Meadow Lane Stitching

1479 W. Eisenhower Blvd., Loveland, CO 80549

Located inside Stitches Quilt Shop

970-672-9693

11 a.m.-4 p.m. Thursday-Saturday

Web: meadowlanestitching.com

Owner: Crystal Soderquist Wentz

This shop offers supplies, patterns, notions and classes for hand stitching, including embroidery, wool appliqué, sashiko and more. Also available: Long-arm quilting.

Stitches Quilt Shop

1479 W. Eisenhower Blvd., Loveland, CO 80549

970-541-1520

Email: <http://stitchesloveland.com>

This shop specializes in modern, bright, fun fabrics for quilting and bags.

Lyons

Lyons Quilting

P.O. Box 1491, Lyons, CO 80540

9:30 a.m.-3:30 p.m. Monday-Saturday

Web: lyonsquilting.com

Milliken

Eye of the Beholder Quilt Design

2324 Carriage Drive, Milliken, CO 80543

970-330-6164

Email: info@eobquilt.com

Web: eobquilt.com

Owner: Margaret Brewster Willingham

Margaret offers original quilt patterns for appliqué and reverse appliqué for hand and machine in print and digital download, and is available for workshops, trunk shows, lectures and retreats.

Monte Vista

Shades, Quilts & Etc.

129 Adams Street, Monte Vista, CO 81144

719-852-2179

9:30 a.m.-5 p.m. Monday-Friday

9:30 a.m.-3 p.m. Saturday

Contact: Marilyn Davey

Web: shadesquiltsandetc.com

This Janome dealer carries fabric, books and quilting supplies, and offers classes.

Montrose

Ladybugz Quilt Company

330 S. 8th Street, Montrose, CO 81401

970-249-1600

9:30 a.m.-5 p.m. Monday-Thursday

9:30 a.m.-4 p.m. Friday; 10 a.m.-4 p.m. Saturday

Email: info@ladybugzquilt.com

Web: <https://www.ladybugzquilt.com>

Ladybugz offers quilt fabric, notions, classes and long-arm rental.

Monument

Dash of Thread Quilt Studio

Monument, Colorado

719-482-5392

Email: info@dashofthread.com

Web: dashofthread.com

This computerized long-arm quilting service promises fast turnaround, personalized service, attention to detail and mailing service.

Sew in Tune

252 Front Street, Monument, CO 80132

719-203-5642

10 a.m.-2 p.m. Monday; 10 a.m.-5 p.m. Tuesday-Friday; 10 a.m.-2 p.m. Saturday; and by appointment

Facebook: Sew-In-Tune

Instagram: [sewintuneservicing](https://www.instagram.com/sewintuneservicing)

Web: sewintuneservicing.com

Sew in Tune services and repairs sewing machines. The shop offers fabric, notions, sewing machines and classes.

Parker

Richard Elliott Service

8264 Lakeshore Drive, Parker, CO 80134

303-841-6432

Email: rcelliott@q.com

Richard will travel from Fort Collins to Pueblo to provide onsite service for all brands of long-arm machines. He can upgrade older machines with stitch regulation and robotics.

Pueblo

First Stitches Pueblo

805 Eagleridge Blvd., #140, Pueblo, CO 81008

719-225-8142

9:30 a.m.-5:30 p.m. Monday-Friday

9:30 a.m.-4 p.m. Saturday

Email: kim@firststitches.com

Web: firststitchespueblo.com

Contact: Kimberly Smith

First Stitches provides sales and service for Baby Lock and Brother sewing machines and AccuQuilt GO! cutters. It offers fabric, machine embroidery supplies, notions and classes.

Stitcher's Garden

308 S. Union Ave., Pueblo, CO 81003

719-545-3320

FAX: 719-545-3307

10 a.m.-5 p.m. Tuesday-Friday

10 a.m.-4 p.m. Saturday

Email: stitchers_garden@yahoo.com

Contact: Sandy Strickland

Stitcher's Garden carries fabric, books, thread, notions, patterns and yarn, and offers classes.

South Fork

Rio River Retreat

South Fork, Colorado; 806-290-2456

Web: Rioriverretreat.com

This log cabin on the Rio Grande River offers full-service and self-service retreats and provides tables, ironing supplies and a cutting station. Join a scheduled retreat or schedule your own group's retreat.

Thornton

Above & Beyond Sewing & Vacuum

3987 E. 133rd Ave., Thornton, CO 80241

303-317-2004

Email: kate@aboveandbeyondsewing.com

Web: aboveandbeyondsewing.com

Thornton

Calico Creek Quilting

720-988-1080 or 303-457-2006

Call for appointments and consultations.

Contact: Lucille Rypinski

Lucille provides hand-guided long-arm quilting, including custom and quick turnaround edge-to-edge quilting.

Dawna's Design Threads

4061 E. 133rd Place, Thornton, CO 80241

720-323-4338

Email: dawnasdesignthreads@gmail.com

Web: dawnasdesignthreads.com

Wheat Ridge

The Craft Box LLC

6191 W. 44th Ave.

Wheat Ridge, CO 80033

303-279-1069

10 a.m.-5 p.m. Monday-Friday

10 a.m.-4 p.m. Saturday

Email: craftboxcolorado@gmail.com

Web: craftboxcolorado.com

The Craft Box connects and creates community through thrifty crafting.

Sandy, Utah

Rocky Mountain Sewing and Fabric

8740 S. 700 E. Sandy, UT 84070

801-566-3812

Web: rmequilters.com

Contact: Lisa Rogers

This Gammill dealer for Colorado, Utah and Nebraska sells thread, batting on the roll, and 90-inch wide Minky and sateen backing.

Laramie, Wyoming

Quilt Essentials

314 S. 2nd Street, Laramie, WY 82070

307-742-6156

10 a.m.-5:30 p.m. Monday-Saturday

Facebook: [facebook.com/QuiltEssentials](https://www.facebook.com/QuiltEssentials)

Web: quiltessentialslaramie.com

Contact: Kara Enyeart

Quilt Essentials carries a variety of fabrics specializing in reproduction, batik and juvenile patterns plus cuddle, Minky and flannel. The shop sponsors, exhibits, events, and classes and clubs for adults and youth

Snowy River Quilts

411 S. 21st St., Laramie, WY 82070

Web: snowyriverquilts.com

Email: snowy@wyoming.com

307-721-3160

10 a.m.-5 p.m. Monday-Saturday

Snowy River has fabrics for those who love fabrics.

Teri Lucas Focuses on Thread and Color for Free-Motion Quilting

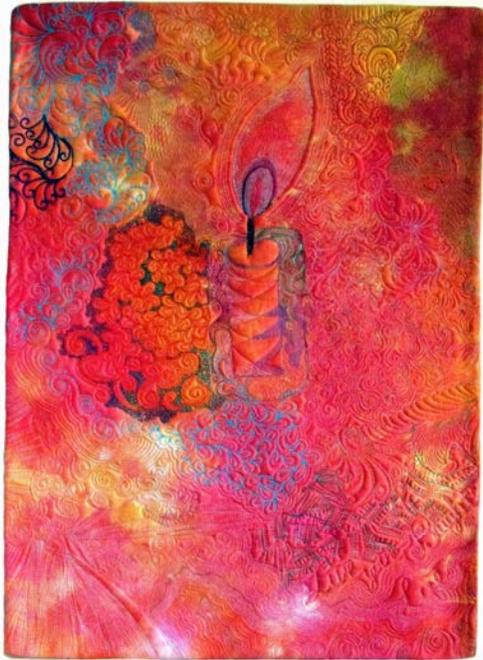
Once you've heard Teri Lucas, CQC's August speaker, talk about thread, it's difficult to continue to use whatever thread is closest at hand. You begin thinking about thread color, weight, fiber and more. You begin realizing you need to expand the range of needle sizes and styles in your supply cabinet, and building your thread stash is the new focus of your trips to quilt shops. You hear Teri in your head saying don't give all your attention to your fabric stash; don't neglect the array of threads out there that can enhance your quilts.

Teri's lecture, "The Impractical Color Wheel," shared the themes of her recently released book, *Color, Thread & Free-Motion Quilting: Learn to Stitch with Reckless Abandon* (C&T Publishing, 2020). It was loaded with color theory, tips on the best tools and images of her quilts, all wrapped up in encouraging thoughts like:

- "If you love one or several colors, grab onto them and use them in your quilts. If you use the colors you love, you'll finish your quilts."
- "You don't have to finish a quilt if it's taught you what you needed to learn."
- "Every quilt we make builds on something we learned on the last quilt and will be used on the next one."
- "A seam ripper is a quilter's best friend. Get a good one."
- "When frustrated with your quilting, get up and walk away."

Teri shared her journey from hand quilter to machine quilter. Along the way, she learned thread can be a key design element. In fact, many of her quilts are whole-cloth quilts with thread as the design star.

She works entirely on her domestic machine, a Bernina she loves even down to the sound it makes as the thread in the bobbin runs low. Though she didn't say it directly, a key message of her talk is that practice — aka play — makes perfect. She encouraged CQC members to test out threads before committing to using them.



"Shine Your Light" by Teri Lucas

"Color relationships are relative," she said. "Color and thread will play with you. They'll do unexpected things. What the color looks like on the spool and what it looks like on the fabric can be very different. Pool thread on the fabric at the density you plan to quilt. Then stitch it out on the fabric, and you'll have a better shot at knowing how it will look."

Teri is big on having the right tools for the job. She made recommendations:

- Purchase a variety of threads from a variety of manufacturers in a range of weights, fibers and color values from light to dark.
- Hang a color wheel in your sewing area. Teri carries the Ultimate Color Tool from C&T Publishing when shopping for fabric and thread. She uses the red and green acetates in the tool to determine values of fabric and thread colors.
- Get scissors that trim threads close to the fabric. Her favorite are Pickle Pie Designs embroidery scissors.
- A thread stand will expand your machine's ability to handle more challeng-

ing threads. Her top pick is Superior's acrylic thread holder, which works with spools and cones.

Teri touched on tension, a stress point for many quilters, especially when working with thread weights and fibers new to them. While tension adjustments may be needed, Teri said the starting point is to be sure the chosen needle and thread work well together. When you think your tension is off, check your needle. Do you need a new one? Is it too large or too small for the thread you've chosen?

When using fine threads, use a fine needle. When using heavier threads, use a large needle. She's found that when you see tension problems, changing to a larger needle will often solve the issue. She also recommends checking out thread manufacturers' websites for advice on best needle and thread pairings and how to address concerns that arise.

Teri explained why she recommends lighter weight thread in the bobbin when quilting:

"If you use a heavy bobbin thread, there will be a lot of thread where your top and bottom threads lock. That can cause the fabric to warp. When you reduce the weight of the bobbin thread, your quilt will lay flatter."

Teri recommended taking time to see what's around you for inspiration in selecting color palettes and quilting motifs. Also listen to ideas from the world of quilting. She shared that she created her "Shine Your Light" quilt during an especially tough time in her life.

"Every time I went to my sewing room, I'd almost cry," she said. She felt blocked until she saw a call for quilts made in memory of Yvonne Porcella, a well-known quilter. From grief and heartache emerged a quilt that provided her light to move forward and gave her an opportunity to experiment with metallic thread.

She encouraged CQC members to use the difficult and joyful moments of life to inspire their quilting.



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Wheat Ridge, CO 80034-0295

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Colorado Quilting Council's Board of Directors has canceled in-person meetings and events through June 2021. The board is monitoring the COVID-19 situation and will cancel future meetings if advised by health and government officials to do so. Our first priority is the health and well being of every member. Please check the council's website for the latest information.

www.coloradoquiltingcouncil.com